

Suicide Prevention Week/Month

1

- September 4-10, 2022 is National Suicide Prevention Week, part of Suicide Prevention Awareness Month
- DMHAS activities include the following:
 - Using Extreme Risk Protection Orders in the Prevention of Firearm Violence and Suicide webinar on 9/16/22, 10 AM -12:30 PM.
 - Annual Suicide Prevention Conference on 10/12/22 (virtual all day event).
- Zero Suicide training will be offered in Fall/Winter.

NJ Suicide Data - 2020

(most recent verified statistics)

2

- Suicide was the 15th leading cause of death in N.J.
- National death rate due to suicide was 13.5 per 100,000 in 2020; NJ death rate was only 7.1 (lowest among states in U.S.).
<https://www.cdc.gov/suicide/suicide-rates-by-state.html>
- The highest suicide rates were for 55-64 and 85+, but ED visits for a suicide attempt were greatest among 15-19 year olds. <https://www-doh.state.nj.us/doh-shad/indicator/view/Suicide.year.html>

Zero Suicide Training in New Jersey

3

- In 2022, the EDC will present two Zero Suicide Academies in N.J. (dates to be announced).
- The program provides participating hospitals and agencies with an initial two-day initial virtual training followed by 9 months of community of practice (CoP) sessions.
- The CoP facilitates group learning and assists sites in their first years of implementation.

Zero Suicide Training

4

- Zero Suicide is based on the fundamental belief that suicide deaths for those under the care of the health and behavioral health systems are preventable.
- Training in Zero Suicide conducted nationally by the Education Development Center (EDC) has had demonstrated effectiveness and impact.
- Based on the principles of core values, system management, and evidenced-based care.